

# Has time got you going in different directions?

Wednesday, Sept. 19  
5 to 6:30 PM Room  
175C



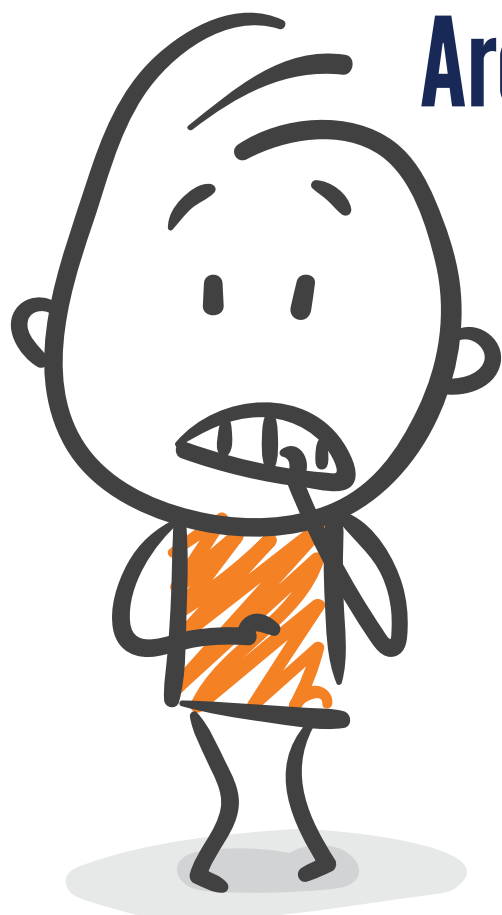
Come to a free seminar to improve your Time Management.

- Learn the 20 Top Time Wasters and how to avoid them.
- Begin prioritizing responsibilities and activities.
- Make a long-range plan and short-range goals.
- Map out a semester schedule that works for you!

To RSVP, Call  
656-8000, ext. 2250

Learn to  
catch more  
of it while  
you can!

*Sponsored by Academic Advising*



## Are you **STRESSED OUT?**

Want to learn ways to reduce **TEST ANXIETY**  
*before Finals Week?*

Come to a Test Anxiety Workshop!

Wednesday, October 10  
5 to 6:30 PM  
C Building, Room 175C

To RSVP, Call 656-8000, ext. 2250

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**MORTON COLLEGE**

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